JOURNEYS WITH HEART PRESENTS





Small Group Adventure Fundraising Tour to Benefit



For every **JWH traveler booked**, a **\$5.00 donation** will be made to **Slow Food Farms** www.slowfoodfarms.com



Day-by-Day Itinerary

A jam-packed tour capturing some of Spain's true highlights

Kick off this Best of Spain tour in Madrid and let your imagination unfold on a journey through the beautiful Andalucian region. Visit the cities that reflect Spain's diverse history and culture. Experience a fiery Flamenco performance in Seville and explore the mysterious maze of alleyways of the old Arab Quarter in Albayzin. Follow your taste-buds to a tapas bar and wander among Gaudi's handiwork in Barcelona on a Spanish adventure as colorful and diverse as the land itself.

Day 1 - Madrid | 10 August 2019

Meals included: Dinner

Welcome to Madrid, Spain. The sassy central capital is known for its elegant boulevards and expansive, manicured parks, but it also pulsates with energy, and is without doubt a vibrant city. Your adventure begins with a welcome meeting at either 6pm or 7pm.

Arrival Transfer

• Included on a private basis

Included Activities

- Welcome meeting
- Welcome dinner

Accommodation: Hotel Gran Legazpi

Day 2 - Madrid | 11 August 2019

Meals included: Breakfast

Escape the tourist traps and discover the lesser known historical neighbourhoods of Madrid. Learn how these areas have changed over time, explore the hidden gems of these residential areas, and experience how the locals live — and eat! Along the way, pop in and out of local markets and sample traditional Spanish tapas.

In the evening continue to experience the real Madrid, take a tip from us: do as the locals do and nibble and chomp your way through the city. From Madrid's oldest taverns to its modern hip hangouts, this is your chance to indulge in the most delectable cuisine – tapas. And hey, we'll even teach you some pro tapas tips along the way, the ultimate souvenir to take home with you!

Included Activities

- Urban Adventure Markets of Madrid
- Urban Adventure Tapas Advenutre

Accommodation: Hotel Gran Legazpi

Day 3 – Granada | 12 August 2019

No meals included today

Take a bus to Granada today (approximately 5 hours). Located at the foot of the Sierra Nevada Mountains, Granada is packed with Moorish architecture, great tapas bars and natural beauty. Take a walk around the old Arab quarter of the Albaicin, a labyrinth of crooked alleys, fountains, plazas and whitewashed houses, or the 'Alcaiceria' (old silk market area) and observe the craftworks on sale that include ceramics, marquetry and leather goods. If you're feeling energetic, climb the steep streets up to the Mirador de San Nicolas for sunset views over the famous Alhambra. If you have time, perhaps check out the historic Renaissance Cathedral and Capilla Real. Granada is the kind of city to leave your quidebook behind and trust your intuition.

Accommodation: Monasterio de los Basilios

Day 4 - Granada | 13 August 2019

Meals included: Breakfast

Today make a visit to Granada's impressive Alhambra Palace. An entrance ticket is included in the trip and grants you the visit of Nasrid Palace and the Gardens. The Alhambra was first built by the Moors as a fortress during the Muslim rule of Spain. A walk through the compound's luxurious rooms and gardens gives you an idea of the decadent lifestyle of the Moorish kings. The Alhambra is made up of three parts: the Alcazaba, the 11th-century

Muslim wing which features spectacular views from its towers; the Palacio Nazaries, the centre of the complex; and Generalife, the summer palace of the sultans.

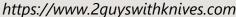
This evening, unearth the restaurants in the tangled streets of the Albaicin and dine with the best views of the Alhambra.

Included Activities

• Alhambra admission

Accommodation: Monasterio de los Basilios







Since 1988, Out On Screen has illuminated, celebrated, and advanced queer lives through film, education, and dialogue. One way we fulfill this mission is through our Out In Schools program. This award-winning initiative brings queer, trans, and two-spirit films, facilitated discussion, and personal stories into BC classrooms to equip youth with an understanding of sexual and gender diversity.



http://outinschools.com

Day 5 - Seville | 14 August 2019

Meals included: Breakfast

Travel approximately 3 hours by bus and train to the vibrant city of Seville. If the legends are to be believed, Seville was founded by Hercules and its origins are linked with the Tartessian civilisation. To the Romans it was Hispalis, to the Moorsm Isbiliya. After the Christian reconquest, it became thought of as the portal to the 'New World', and is today the capital of Andalucia and the largest city in southern Spain. Known for its important monuments and fascinating history, Seville is universally famous for being a joyous town. Sevillians are well known for their wit and sparkle, and the city itself is striking for its vitality and flamboyance – the city of Carmen, Don Juan and Figaro. Seville is also famous for its oranges, tapas and flamenco, all three of which are ingrained in the fabric of the city and its proud people.

On arrival, explore the city, on an included guided walking tour. You'll see the Alcazar of Seville, a grand royal Palace. Known as one of the most beautiful in Europe, the Spanish royal family still to this day use the Alcazar as their residence in Seville.

In the evening, catch a local flamenco performance with the group (included). Charged with emotion and drama, this powerful, fiery show is a real highlight.

Included Activities

- Guided tour of Seville including Alcazar Seville
- Flamenco performance

Accommodation: Hotel Don Pedro

Day 6 - Seville | 15 August 2019

No meals included today

This morning learn how to dance the flamenco yourself! Based on the experience of renowned flamenco dancer, Cristina Hoyos, classes at this dance academy don't just educate you in steps and movements, but in the passion required to produce true flamenco!

In the afternoon take a taxi to the Cartuja de Santa María de las Cuevas Monastery which houses the Andalucia Contemporary Art Centre. The centre presents an overview of the artistic trends that developed in Spain from the mid-20th century through to the present day. The collection includes pieces by Luis Gordillo, Candida Höfer, Rebecca Horn, Pablo Palazuelo, Zobel, Joseph Kosuth and Louise Bourgeois, amongst others.

Included Activities

- Flamenco lesson
- Andalucia Contemporary Art Centre admission

Accommodation: Hotel Don Pedro

Day 7 - Ronda | 16 August 2019

No meals included today

Travel by public bus to the Andalucian hills and the whitewashed town of Ronda (approximately 4 hours). In a landscape of poster-paint green forests and white limestone mountains, Ronda is the birthplace of bullfighting in Spain.

The highlight of the town is the spectacular Puente Nuevo (New Bridge), one of the most photographed structures the country. Built in 1751, it bridges the 100-metre deep gorge that splits the town in two. You can walk across it, stopping to peer over a vertiginous drop from one of its balconies. Check out the old Moorish town on one side, home to many historic buildings including the House of the Moorish King, and the newer El Mercadillo on the other side. East of the town are well-preserved Arab Baths and of course, the famous Plaza de Toros.

In the evening, find a spot from which you could enjoy a scenic sunset; this won't be a problem in Ronda.

Accommodation: Hotel Morales

Day 8 - Ronda | 17 August 2019

Meals included: Breakfast

Today you'll take a walk through the beautiful valley of Los Molinos surrounding the city. From the old town you can head down the cliffside of the gorge and get a great view of the bridge and town from below.

A visit to the Museum of Bandits gives an entertaining insight into their history. Surrounding the town are prize-winning wineries and beautiful national parks – the Reservatauro walk takes you through the holm oak meadows where fighting bulls and thoroughbred horses are raised.

The rest of the day will be free for you to explore. The Plaza de Toros is one of the oldest bullfighting rings in the country. Adjoining the bullring is the Bullfighting Museum, which displays relics of Ronda's bullfighting history. The gardens behind offer panoramic views over the surrounding mountains, which once proved a perfect hideout for the bandits and smugglers.

Included Activities

- Walk in the Windmill Valley
- Bandits Museum admission

Accommodation: Hotel Morales



Day 9 - Cordoba | 18 August 2019

Meals included: Breakfast, Dinner

Continue north to Cordoba by train (approximately 2 hours). Discover the mesh of Muslim, Jewish and Christian cultures in the architecture and cuisine of this southern city. Visit the famous Mezquita, with its golden arches and intricate columns, once the third largest mosque in the world and one of the most beautiful. It was consecrated into a Roman Catholic cathedral in the 13th century when the Christians reconquered Cordoba. Time permitting, you might stroll through a labyrinth of cobbled laneways in the old quarter, discovering open squares and quirky cafes.

In the evening sample more delicious Spanish cuisine. Salmorejo (a cold soup made of tomatoes, bread and olive oil served with chopped up boiled egg and cured ham) is a specialty of Cordoba, as is rabo de toro (oxtail soup).

Included Activities

Mezquita admission
 Accommodation : Hotel Maestre

Day 10 - Valencia | 19 August 2019

Meals included: Breakfast

Take a train and head east to the coastal town of Valencia (approximately 5 hours). Known for being the Spanish gateway to the Mediterranean, Valencia has a large port, beautiful beaches, restaurants and a beach promenade along the waterfront. The old town is set back from the seafront through, and in the centre you will find the beautiful monuments and historical buildings. Busy markets, clean beaches, picturesque hills and a fascinating mix of old town and new town makes up the best of Valencia.

Valencia is bursting with creativity, from wall murals to politically charged graffiti, making the city feel like an open-air museum. Wander the cobbled streets and hear the stories behind the city's booming street art scene, with pit stops for a local snack and delicious local brews. This evening perhaps head out to bar-hop and eat tapas in the Ciutat Vella (old town).

Included Activities

Urban Adventure – Street Art in Old Valencia

Accommodation: Hotel Catalonia Excelsion

Journeys With Heart celebrates its

10th anniversary in 2018 thanks to the generosity and support of our travellers, hard work and support of our guest hosts and partners in travel, and the countless hours spent by our valued volunteers.

"TRAVEL WITH PURPOSE"
To-date JWH has donated \$136,000.00 CAD

Day 11 - Valencia | 20 August 2019

Meals included: Breakfast

Valencia may be famous for its paella, but that's just one flavour in this full-on, taste bud-tingling gastronomical heaven! Skip the rice and hop on a Valencia food tour that lets you sample a wide selection of traditional and local treats, from horchata to jamón to even artisan chocolates. Then, fill up even further with a grand finale of tapas and wine!

After cycling, why not visit the 13th-century cathedral, which houses what's claimed to be the Holy Grail, and climb the 207 steps of the Miguelete tower for the best views of the city. For something a little quirkier, head to the Museum of the Fallas, which contains a history of the Valencia fire festival and giant papier mache figures that have been spared from the burning. The Museo de Bellas Artes has Spain's second-biggest art collection, housed in a beautiful 17th-century convent. There are also many fine parks and gardens, or you may want to head to the beach of Playa de la Malvarrosa to soak up some sun. Tonight, maybe head south to Ruzafa, one of the city's coolest areas, where the locals only start to head out as the clock strikes midnight.

Included Activities

• Urban Adventure – Valencia Treats and Tastes

Accommodation: Hotel Catalonia Excelsion



Day 12 - Barcelona | 21 August 2019

Meals included: Breakfast

Today take the train up the coast to Barcelona (approximately 3.5 hours). Barcelona's quirky character and fabulous Catalan cuisine mixes seamlessly with a groundbreaking art scene, Gothic architecture, superb dining and a non-stop nightlife, making it a city you won't soon forget. In the afternoon, there are plenty of options to keep you busy. Wander the labyrinthine streets of the old Gothic Quarter and navigate your way through the throngs of tourists along La Rambla, Barcelona's famous tree-lined boulevard. Maybe grab a fresh juice at the colourful La Boqueria market while you're there. Perhaps pay a visit to the Picasso Museum, the National Art Museum of Catalonia or the Museum of City History to brush up on your local knowledge. Take the funicular to the top of Montjuic or Tibidabo for panoramic views of Barcelona and the harbour. The heart of Catalonia prides itself as a gastronomic centre and so this evening perhaps head out to taste the reputation for yourself. You can take a tapas crawl through rustic Catalan dishes in the funky neighborhood of El Born.

Accommodation: Catalonia Sagrada Familia



About Your Trip

Start Location Madrid, Spain

Finish Location

Barcelona, Spain

Accommodation Hotel - 13 nights

Rooming Requirements

Twin share

Included Meals 10 Breakfasts, 3 Dinners

Airport Transfers

Arrival & departure transfers are included on a private basis. Flight details are required 45 days prior to tour start date to confirm services

Transport

Bus, Metro, Public bus, Taxi, Train Leader/Guide

1 x English speaking tour leader throughout.

Local guides as outlined below **Included Activities**

Refer to day by day itinerary below **Entrance/Admission Fees**

Where applicable with included activities

Exclusions

- International Flights
 - Any visas required
- Services not mentioned in the itinerary
- Early check-in nor late check out at hotels
- Meals and drinks not
- mentioned in the itinerary Drinks with included lunches
- and dinners Tips for leaders, guide and driver Expenditure of personal nature Personal
- . Insurance
- Optional activities

Day 13 - Barcelona | 22 August 2019

Meals included: Breakfast, Dinner

Whether you get your kicks from iPhoneography or regular ol' photography, it's time to get snap-happy in the rather photogenic city of Barcelona. While it's true that Barcelona looks good from any angle, you will be shown the best spots to capture its true gorgeousness. Gothic masterpieces, local life, and secret street art top the list of what's sure to impress on Instagram (and beyond!).

In the afternoon see some of the city's main sights, including a visit to Antonio Gaudi's incredible La Sagrada Familia Cathedral. The architect worked on this hugely ambitious project for decades until his death, and it remains in constant construction. Along with the Camp Nou football stadium, it is possibly the city's most iconic landmark. Gaudi was the master of the unique Catalan Modernista architecture for which Barcelona is famous, and his work is dotted all over the city. Perhaps check out the Neo-Gothic mansion of Guell Palace, or the wave-inspired structure of Casa Batlo. For more insight into the artist himself, head to the Gaudi House Museum inside Parc Guell, which is home to more colourful sculptures, including a long mosaic-covered bench overlooking the city. For something a little different, perhaps have a poke around the Old Santa Creu Hospital.

In the evening gather for a final dinner as a group.

Included Activities

• Urban Adventures – Snapshots of Barcelona Accommodation: Catalonia Sagrada Familia

Day 14 - Barcelona | 23 August 2019

Meals included: Breakfast

There are no activities planned for the final day and you are able to depart the accommodation at any time.

Departure Transfer Included on a private basis

TOUR DETAILS & RATES:

"Asombroso"

August 10 to August 23, 2019

DEPARTURE DATE from Canada: August 09. 2019 Price:

- **\$3, 999.00** CAD per person, based on double room occupancy
- Single supplement, add: \$1,100.00 CAD (limited availability)
- Non-refundable deposit of \$250 per person is required at time of booking SPACE IS LIMITED!
- Trip Cancellation and medical insurance is mandatory with Intrepid; quote available upon request
- ADDITIONAL: \$300 CAD per person Direct donation to Out In Schools (details to follow)

Tax receipt will be issued.

- Guaranteed departure with minimum

Bookings & Inquiries

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